

CLASS 4

EVS

NCERT SOLUTIONS

NCERT Solutions for Class 4 EVS Chapter 4: Growing up with Nature – Free PDF Download

Chapter 4 of the Class 4 EVS textbook Our Wondrous World is Growing up with Nature. It looks at how nature provides materials, remedies, food-preservation methods, and traditions that support human life, and how living things grow and change over time.

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NCERT Textbook Questions and Answers – Chapter 4: Growing up with Nature

Activity 1 (Page 58)

Q: Write names of five colourful flowers in your area. For example, Palash is called Kesuda in Gujarat.

A: Sample answer: Marigold (Genda), Hibiscus (Gudhal), Rose (Gulab), Jasmine (Chameli), and Lotus (Kamal) — students should list flowers common to their own region and their local names.

Activity 2 (Page 60)

Q: Make the model of a house using materials from nature, such as clay, wooden sticks, hay, grass, leaves, etc. Decorate it with an art form of your choice.

A: Students build a small model hut using natural materials (clay walls, twig/stick frame, dried grass or leaf roof) and decorate it with simple traditional art patterns.

Activity 3 (Page 60)

Q: Prepare a natural dye by collecting plant materials, boiling them, and using the resulting liquid to colour cloth.

A: Step 1 — collect plant material such as turmeric, beetroot peel, or marigold petals. Step 2 — boil it in water until the colour releases into the water. Step 3 — dip a piece of plain cloth into the coloured water and let it dry to see the natural dye colour it.

Activity 4 (Page 62)

Q: Find out some traditional ways of preserving grains and vegetables at your place, and fill the following table.

A: Sample answer: Grains are dried in the sun and stored in sealed metal or clay containers with neem leaves to prevent insects; vegetables like mango and lemon are preserved as pickles using salt, oil and spices; some vegetables are sun-dried (like papad or vadiyan) for long storage.

Activity 5 (Page 63)

Q: Discuss with the elders in your family and write the name of the plant, its parts, and its uses in the table given below.

A: Sample answer: Neem — leaves and bark used for medicine and skin care; Tulsi — leaves used to treat cold and cough; Aloe vera — gel used for skin burns and hair care; Turmeric — root/rhizome used as a spice and antiseptic.

Discuss (Page 63)

Q1: What things should be kept in a first-aid box?

A: Cotton, bandages, antiseptic liquid/cream, adhesive tape, scissors, a thermometer, and basic pain-relief ointment.

Q2: Why do you think providing first-aid is important if someone gets injured?

A: First-aid stops small injuries from becoming worse, controls bleeding or pain quickly, and can save time before a doctor's help is available.

Activity 6 (Page 65)

Q: Find out the traditional dances and songs of your region. Perform a traditional dance with the help of your classmates and teachers.

A: Sample answer: students research a regional dance form (for example Garba, Bihu, or Bhangra) and its traditional songs, then perform a short version in class.

Discuss (Page 65)

Q: Imagine if there is no light in your area for two days. What changes will you see in your life?

A: We would have to use candles or lanterns at night, food in the fridge could spoil, fans and appliances would not work, and daily activities like studying or charging phones would become much harder.

Activity 7 (Page 66)

Q: Talk to your elders and find out the rituals connected to animals and plants which are celebrated in your locality.

A: Sample answer: festivals like Nag Panchami (worship of snakes), Tulsi Vivah (worship of the Tulsi plant), and Pongal (thanksgiving involving cattle) celebrate the bond between people, plants and animals.

Let Us Reflect (Pages 67–68)

(Exact page wording should be cross-checked against your physical copy.)

Q1: What are the things that we use from nature in our daily life?

A: We use water, air, sunlight, wood, cotton, food crops, medicinal plants, and materials like clay and stone from nature every day.

Q2: What challenges arise when we overuse natural resources?

A: Overuse can cause water and fuel shortages, cutting down of forests, loss of animal habitats, and pollution — making these resources harder to find for future generations.

Q3: How can we protect the natural environment around us?

A: By planting trees, saving water and electricity, avoiding waste, not littering, using natural resources carefully, and encouraging others to do the same.

Q4: Design your herbal garden — there is a space for your herbal garden.

A: Students draw and label a small garden plan with useful plants such as Tulsi, Aloe vera, Mint, and Neem, noting the use of each plant.

Class 4 EVS Chapter 4 – Notes and Extra Questions

Along with these NCERT Solutions, students can also use the [Class 4 EVS Chapter 4 Extra Questions](#) and [Class 4 EVS Chapter 4 Revision Notes](#) for quick revision and extra practice.

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Rs. 56

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