

CLASS 5

EVS

NCERT SOLUTIONS

NCERT Solutions for Class 5 EVS Chapter 1: Water — The Essence of Life – Free PDF Download

Chapter 1 of Class 5 EVS, Our Wondrous World, Water -- The Essence of Life, explains why water is essential to all living things, its sources, forms, and the water cycle.

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NCERT Solutions for Class 5 EVS Chapter 1: Water — The Essence of Life

What this chapter teaches.

Why water is essential for plants, animals, and humans — it transports nutrients, regulates body temperature, and enables digestion; the difference between freshwater (rivers, lakes, groundwater, rain) and saltwater (oceans) — most of Earth's water is salty, and only a small fraction is usable freshwater; the three forms of water — solid (ice), liquid (water), and gas (water vapour); and the water cycle — evaporation, condensation, and precipitation.

Activity 1 — Where Does Our Water Come From?

Children trace the source of the water used in their own home (tap, well, tanker) back to a river, lake, or groundwater source.

Activity 2 — Draw the Water Cycle.

Children draw and label a simple diagram of the water cycle, showing evaporation, condensation, and precipitation.

Activity 3 — Why Can't We Drink Ocean Water?

Children discuss why seawater is unsafe to drink, connecting it to the high salt content oceans contain.

Why This Chapter Matters

Understanding how little freshwater is actually available builds an early appreciation for water conservation and mindful use.

How to Use These Solutions

Talk with your child about where your own household's water comes from and how it's treated before reaching the tap. Download the full chapter from our [Class 5 EVS NCERT book page](#), or browse the [Class 5 hub](#).